



# AGING RESOURCES *of Douglas County*

VOLUNTEER  
SERVICES 

RESOURCE   
NAVIGATION

EDUCATION &  
OUTREACH 

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## 2019 Annual Report

**A look back at 2019 and the programs that fulfill our mission:  
Helping Older Adults Stay Independent!**

## Helping Older Adults Stay Independent!

2019 has been an inspiring year of growth and expansion. We have implemented new programs, added new partners, and purchased new vehicles. We have even added a new office and acquired many new friends. Amid all this "newness," much remains the same; our passion for serving the older resident of Douglas County, and our commitment to do so with integrity and compassion.



## Expanding Our Presence:

In 2019, we opened a satellite office in Parker. As one of five non-profits in the new SECOR Cares building, this additional space allows us to expand our physical presence and be accessible to older adults visiting SECOR's Free Food Market. This space has ample room to hold classes, workshops, and support groups.



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## New Vehicles:

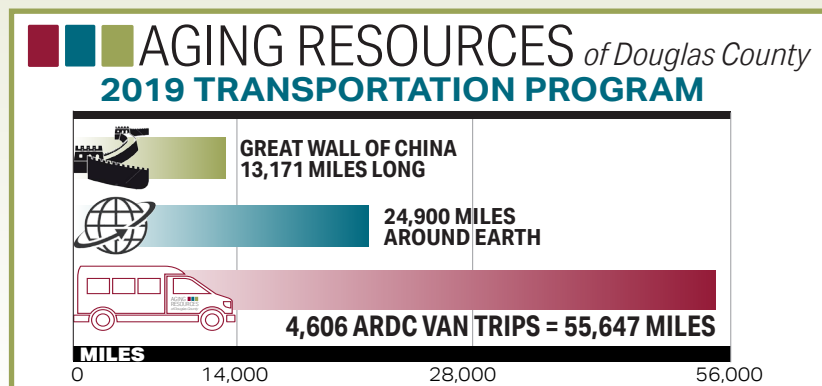
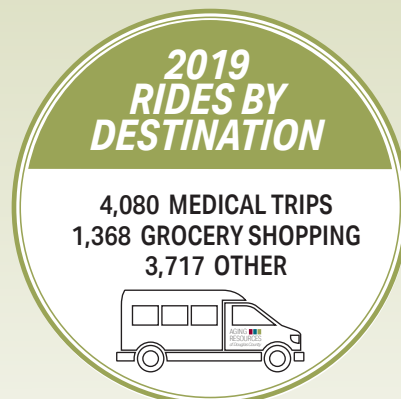
As transportation continues to be our most requested service, we updated our fleet of vehicles in 2019. With grant funds from Douglas County local government, we were able to purchase a 2020 ADA accessible Toyota Sienna. This new van allows our wheelchair riders more versatility. We also added a 2020 AWD Toyota Sienna, increasing the ARDC fleet to five vehicles. Along with our 100 volunteer drivers, ARDC is giving more options to older riders.



## 2019 PROGRAM HIGHLIGHTS

### Transportation Program:

ARDC completed 9165 rides in 2019, a 26% increase in the number of rides provided in 2018. We offered 4080 rides to medical appointments, 1368 grocery shopping rides, and 3717 to other quality-of-life destinations such as senior centers, recreational centers, banks, post offices, church, or to visit friends and loved ones.



The ARDC fleet of vehicles completed 4606 trips, traveling 55,647 miles using 3,165 gallons of fuel.

### Help at Home Program:

Volunteers help older adults stay in their homes longer! We help with light housekeeping, home repairs, and seasonal yard clean-up. Our Help at Home Program experienced an 8% growth in 2019.

### Companion Program:

Did you know that our volunteer companion program is the second most requested service we provide? A weekly visit provides social connection and friendship either in-person or via telephone. In 2019, companion volunteers gave 905 hours.

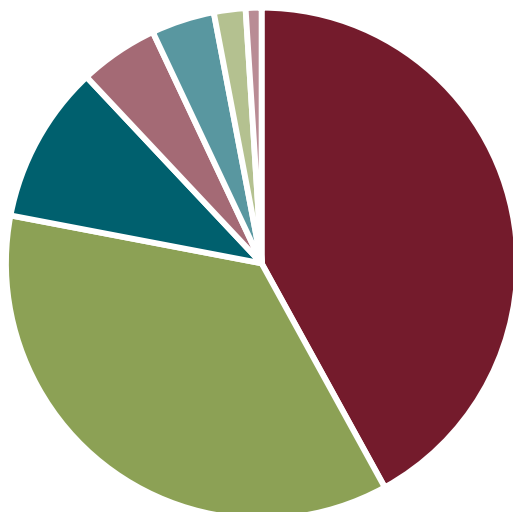




**Resource Navigation:**

We are proud to be the call center for Douglas County aging issues and concerns. We are available 5 days a week to answer questions and give out valuable resources. Don't know who to call? Call us!

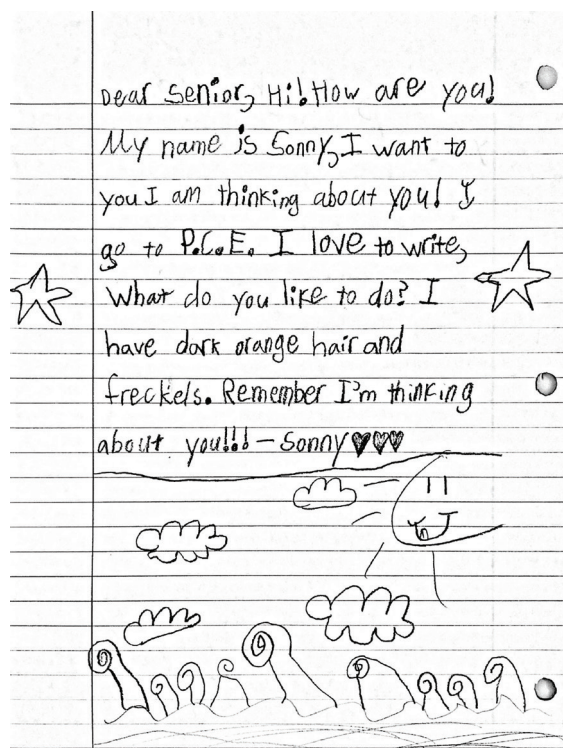
**2019 CALLS BY TOPIC**



- 42% AGING ISSUES
- 4% OTHER ISSUES
- 36% TRANSPORTATION
- 2% HOUSING
- 10% NEIGHBOR NETWORK VOLUNTEER SERVICES
- 5% COMMUNITY SERVICES
- 1% MEDICAL

**Education and Outreach:**

In 2019, our community outreach and education efforts reached 5778 individuals, a 124% increase over 2018. This program includes our Intergenerational Program, where we help bridge the gap between the very young and very old. In 2019, ARDC connected 180 children to 355 older residents through a pen-pal exchange.



**Neighbor Network Volunteer Services Program**

**A BIG SHOUT-OUT TO OUR INCREDIBLE VOLUNTEER FORCE!**

You gave over 8300 hours in 2019 - WOW, that's a 27% increase over 2018!

Our volunteers are at the heart of our organization, and we couldn't do it without you!

**Major Contributors**

- |   |  |
|---|--|
| Fred & Jean Allegretti Foundation         | Roger & Sharon Hill Home Care Assistance |
| Community First Foundation                | Kris King                                |
| Paula & Jeremy Conger                     | The Lillis Foundation                    |
| Douglas County Community Foundation       | Jake Meuli                               |
| Douglas County Government                 | Mark Rogers                              |
| Douglas County Senior Foundation          | Rose Community Foundation                |
| Max and Victoria Dreyfus Foundation, Inc. | Scheffel Family Foundation               |
| Front Range Church                        | Brian Staley                             |